

Recipe #518 Diabetic Friendly Sweet Potato Serving Size and Ingredients: 1 Potato

25 Servings	50 Servings	100 Servings	Ingredients
25	50	100	Sweet Potatoes
4 oz.	8 oz.	1 lb.	Margarine
¼ tsp.	½ tsp.	1 tsp.	Salt
14 oz.	1 lb.+ 12 oz.	3-1/2 lbs.	With Brown Sugar Sugar, Brown

Recipe # 518 Diabetic Friendly Sweet Potato Instructions:

- 1. Scrub potatoes; Place on baking sheets.
- 2. Combine melted margarine and salt; Pour over potatoes.
- 3. Bake for 40-45 minutes or until tender.

For Brown sugar add to melted margarine.

North Central New Mexico Economic Development District
Council of Governments
Non-Metro Area Agency on Aging
PO Box 5115 Santa Fe NM 87502
505-827-7313