



Serving Size and Ingredients: 2 oz.

**North Central New Mexico Economic Development District
Council of Governments
Non-Metro Area Agency on Aging
PO Box 5115 Santa Fe NM 87502
505-827-7313**



Recipe #673 Low Fat Sugar Free Ice Cream

Instructions:

- 1. In a medium bowl, mix together the skim milk, evaporated milk, sugar and vanilla. Pour into an ice cream maker, and freeze according to the manufacturer's instructions.***
- 2. When the ice cream is done freezing, Transfer to a freezer container, and freeze overnight before serving to improve the texture.***

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