



Recipe #107 Salisbury Steak

Serving Size and Ingredients: 3 oz.

25 Servings	50 Servings	100 Servings	Ingredients
1-1/4 lbs.	8-1/2 lbs.	17 lbs.	Ground Beef
2-1/4 cups + 2T	1 qt. + 3/4 cup	2 qts. + 1 1/2 cups	Rolled Oats
2	3	6	Eggs
1/2 cup	1 cup	2 cups	Water
1/2 cup	1 cup	2 cup	Beef Stock
1/4 cup + 3-1/2 T	3/4 cup+ 3T	1-3/4 cups + 2T	Nonfat Dry Milk
1 cup	2 cup	1 qt.	Onions, chopped
2T	2 cups	1 qt.	Parsley Flakes
1/4T	1/2T	1T	Pepper

North Central New Mexico Economic Development District
 Council of Governments
 Non-Metro Area Agency on Aging
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Instructions:

- 1. Mix all ingredients together in a bowl.***
- 2. Use 1/3 cup for each steak.***
- 3. Place on greased sheet pans.***
- 4. Flatten into an oval patty.***
- 5. Bake at 350°F for 25-30 minutes.***

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